



Nature's Sugar Factories

Plants Make Their Own Food

People, like other animals, need food to survive. Plants also need food, but they don't eat. Plants are able to make their own food. They are producers—organisms able to produce their own food. Animals are consumers—organisms that need to consume other organisms to live. Some animals can eat other animals, these are carnivores. Other animals eat only plants, these are herbivores. And then there are those that can eat both plants and animals, there are omnivores. Human beings are omnivores. We can eat both plants and animals, although we may choose not to eat certain foods—vegetarians, for example, are people who decided not to eat animals.

Without producers, plants that make their own food, all other living things on our planet would die.

Can you explain why this would be true?	

Photosynthesis

Photosynthesis literally means "to make from light." It's a process by which plants use light to make sugar. In addition to light, plants need water and carbon dioxide (a gas found in out atmosphere). The energy from light supports a chemical reaction in which water and carbon dioxide molecules combine together to produce sugar molecules and release oxygen molecules:



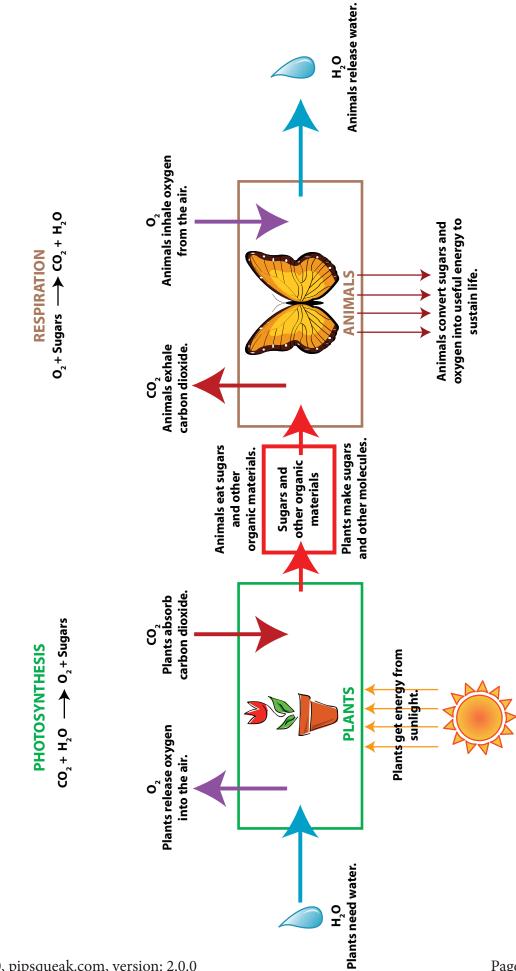
Light +
$$H_2O + CO_2 \longrightarrow sugar + O_2$$

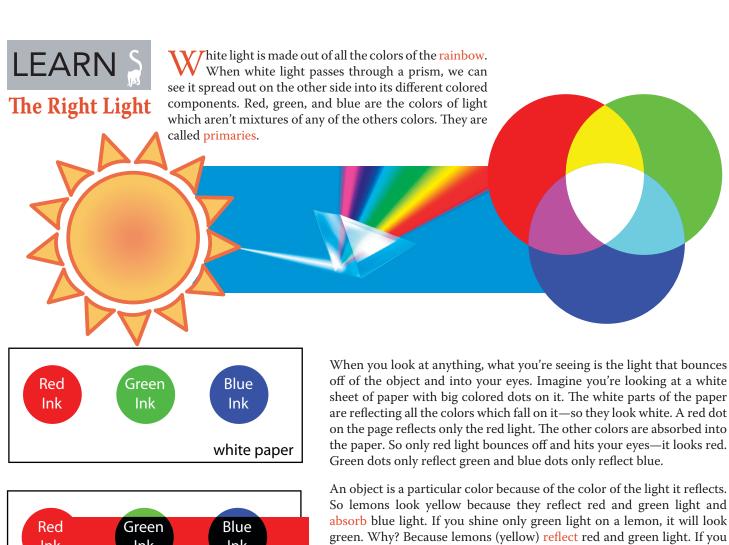
But if this is so simple, why can't animals do it? Why can't we?

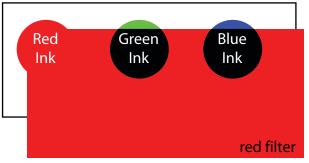
Animals lack the necessary equipment to do photosynthesis. Plants have special organs that support the sugar producing chemical reaction. Inside plants' leaves, there are cells called chloroplasts which contain a green pigment called chlorophyll. When chlorophyll is exposed to light, it breaks down the water molecules into their components, hydrogen and oxygen. Tiny openings called stomata let carbon dioxide into the plant's leaves, where they can combine with oxygen and hydrogen to make sugar molecules. Extra oxygen is released back into the air through the same stomata. This whole process, called photosynthesis, occurs in just a fraction of a second. Photosynthesis is one of the fastest chemical reactions observed in nature!

Strawberry plants use the energy from the sun to grow. They use light, water, and carbon dioxide to make sugar and oxygen. Oxygen gets released back into the air, and we and all other animals inhale it. The sugar in the plant in used to make it grow as well as to make delicious strawberries that animals like to eat.

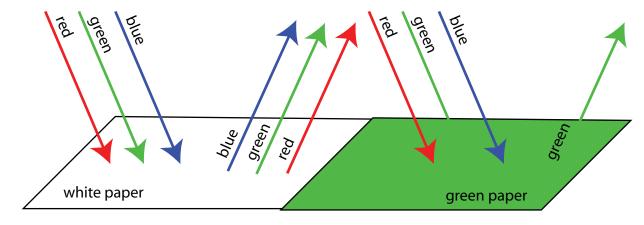








shine only blue light on a lemon, it will look black. Why? Because the lemon absorbs the blue light and there's nothing to reflect back. When an object looks black, it means that it absorbs all of the colors in the light that illuminates it and doesn't reflect any back. A white object reflects all



of the colors in the light that strikes it.



₹reen plants absorb red and blue light and reflect green light—that's why they look green. Photosynthesis, the process by which plants make sugar using sunlight, only needs red and blue light. The other colors are not necessary!



Light & Leaves

Photosynthesis doesn't use all of the light produced by the sun. Only red and blue light is needed to support this process. The leaves appear green because it's the only color that doesn't get absorbed by the plant.

To find out if photosynthesis indeed only uses red and blue light, we can conduct the following experiment. Get red, green, and blue light filters—the kind found in 3D glasses. Cut out small squares from each filter and another square



Page 11

What You Need:



piece from a plain paper. Use paper clips to attach each of the four square pieces to a green leaf (see below). Make sure that the leaf is still attached to a growing plant. Water your plant as necessary and allow plenty of sunlight to shine on your experimental leaf. After two weeks, take off all of the pieces.

Are there any differences in color of the leaf under the red filter, green filter, blue filter, and plain paper pieces? How does the color compare to regular, uncovered leaf portion?

RED What do you think would happen if you grow a potato in a green transparent box? What color leaves **GREEN** would it have? **BLUE**

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